

AIKIDO

summer camp



Auray 2007
Aug. 04-10

Daniel TOUTAIN

6th Dan Japan - Saito Sensei - Iwama Ryu

Centre Gabirel DESHAYES
6 rue Lammenais - 56400 AURAY / FRANCE

Saturday, August 04
14h00 - 16h00 Welcome
16h30 - 18h30 Bukiwaza
18h45 - 20h45 Taijutsu

Sunday 05 -> Friday 10 August
06h30 - 07h30 Meditation - Suburi (optional, no fee)
07h30 Breakfast at the center
08h30 - 10h30 Bukiwaza
10h45 - 12h45 Taijutsu
13h00 Lunch at the center

Classes: 1 day = 30€ - Full seminar = 200€ / Suggested lodging 1/2 pension = 30€ / day

aikido-france.net

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